



# Flying Finn 5K Run/Walk



## Participant Information

- **Contact:** Christina Forsythe 218-750-8831
- **Registration:**
  - Register at <https://runsignup.com/Race/MN/Embarrass/FlyingFinn5K>
  - Pre-registration is requested.
  - Registration on the day of the event closes at 9:00am
  - **Event Time:** Race begins at 9:30am
  - **Event Location:** Mesabi Bike Parking lot across from the Embarrass Regional Fair  
4855 HWY 21, Embarrass, MN 55732
- **Entry Fee:**
  - Pre-registration \$20 adults and kids
  - Day of the Event \$25 adults and kids
  - Contact Christina for financial aid
- **Awards:**
  - \$50 for the 1<sup>st</sup> place male and female finishers
  - 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place medallions for runners in each division.
  - Trophy for the best dressed Finn. Dress in any way that represents Finnish culture.
- **Divisions:** 19 and under, 20 – 29, 30 – 39, 40 – 49, 50 – 59, 60 and over
- **Other:** Flying Finn t-shirt for all participants (pre-register to guarantee sizing)

